



FACTSHEETS AND RESOURCES THAT ADDRESS HEALTH DISPARITIES AMONG BLACK / AFRICAN AMERICANS

Purpose

Many Americans are impacted by poor health outcomes, however, some groups, particularly African Americans / Blacks are disproportionately impacted by negative health consequences. Such disparities lead to greater morbidity and mortality rates for this population. To address health inequities in this population, the Black Commissioned Officers Advisory Group – Health Disparities Committee (BCOAG - HDC) is supporting the prevention efforts of the Department of Health and Human Services (HHS), the Office of the Surgeon General (OSG), and other federal health agencies by distributing factsheets that address health issues which impact Black and African-American communities. Many of the factsheets contain basic information about health issues, the symptoms of the disease/illness, factors that may contribute to poorer health outcomes, and what individuals and communities can do improve their health and quality of life.

This webpage attempts to serve as a focal point and acts to bring together relevant information available on the internet addressing health disparities amongst Black / African-Americans. The factsheets on this website can be downloaded and distributed as handouts at health fairs or other venues by Public Health Officers and the public. The website also contains a list of resources on health issues that include reports addressing health disparities and websites with additional health data/information. We hope our effort will help facilitate efforts toward educating individuals and communities about health disparities and help them determine what they can do to improve their health and to enhance healthy lifestyle practices.

Please feel free to send comments (i.e., useful, not useful, how to make it better) concerning the content of the webpage to bcoag.org@gmail.com. Please include HDC Health Disparities Webpage in the subject of the email. We also encourage you to contact us if you would like us to consider additional content for the webpage.

Thank you.

BCOAG Health Disparities Committee



[Downloadable 2 – 4 pp Factsheets for distribution]

[A]

ASTHMA

- [Asthma in the US- Growing Every Year](#)

[B]

BLOOD PRESSURE

- [High Blood Pressure Factsheet](#)
- [High Blood Pressure and Cholesterol](#)
- [High Blood Pressure Facts](#)

BREAST FEEDING

[C]

CANCER

- [Cervical Cancer](#)
- [Colorectal Cancer](#)
- [Prostate Cancer](#)

[D]

DIABETES

- [Diabetes Resource List](#)
- [National Diabetes Factsheets \(2011\) \(pp 8-12\)](#)
- [The Diabetes Epidemic Among African Americans](#)
- [More than 50 Ways to Prevent Diabetes](#)



[E]

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HEALTHY EATING

- [Dietary Guidelines 2010 - Selected Messages for Consumers](#)
- [Tips for Parents – Ideas to Help Children Maintain a Healthy Weight](#)

HEART ATTACK

- [Know the and Symptoms Signs of a Heart Attack](#)

HEART DISEASE

HIV / AIDS

- [HIV Testing in the United States \(2010\)](#)
- [HIV among African Americans \(September 2010\)](#)
- [HIV and AIDS among African Americans \(October 2010\)](#)
- [HIV and AIDS among African American Youth \(October 2010\)](#)
- [HIV among Gay, Bisexual and Other Men Who Have Sex with Men \(MSM\) \(September 2010\)](#)
- [Issues in HIV Policy: Poverty and HIV Factsheet](#)
- [-HIV in Prisons and Jails](#)



- [Oral Sex and HIV Risk \(June 2009\)](#)

Hypertension (see Blood Pressure)

[I]

[J]

[K]

KIDNEY DISEASE

- [African Americans and Kidney Disease](#)

[L]

LUPUS

- [LUPUS: Health Snapshot](#)
- [Lupus Factsheet](#)

[M]

[N]

[O]

OBESITY

[P]

PREGNANCY



- [Preventing Teen Pregnancy in the US](#)

[Q]

[R]

[S]

SEXUALLY TRANSMITTED DISEASES

- [African Americans and Sexually Transmitted Diseases](#)

SICKLE CELL ANEMIA

- [What You Should Know about Sickle Cell Disease](#)
- [What You Should Know about Sickle Cell Trait](#)

SMOKING / TOBACCO USE

- [Tobacco Use among African Americans](#)
- [Fast Facts on Smoking and Tobacco Use](#)
- [Adult Cigarette Smoking in the United States: Current Estimate](#)
- [Secondhand Smoke \(SHS\) Facts](#)
- [Tobacco Use & Smoking Secondhand Smoke](#)
- [You\(th\) & Tobacco](#)

STROKE

- [African Americans and Stroke](#)



- [Stroke 101](#)

[T]

[U]

[V]

VACCINES



RESOURCES

[A]

ASTHMA

- [Asthma in the US](#)

[B]

BLOOD PRESSURE

- [What Is High Blood Pressure?](#)
- [A Review of Psychosocial Factors and Systems-Level Interventions :A Closer Look at African American Men and High Blood Pressure Control](#)
- [High Blood Press and Cholesterol- Out of Control](#)

BREAST FEEDING

- [The Surgeon General's Call to Action to Support Breastfeeding](#)

[C]

CANCER

[D]

DIABETES

- [National Diabetes Factsheets \(2011\)](#)
- [American Diabetes Association: Diabetes Statistics](#)

[E]

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[H]

HEALTHY EATING

- [Aim for a Healthy Weight Patient Booklet](#)
- [Sample Menus for a 2000 Calorie Food Pattern](#)
- [Print Material: Eating Healthy](#)
- [My Bright Future: Physical Activity and Healthy Eating Tools for Adult Women \(En Español\)](#)
- [My Bright Future: Physical Activity and Healthy Eating Tools for Young Women \(En Español\)](#)

HIV

- [Young Men Who Have Sex With Men At Risk for HIV and STIs](#)
- [HIV/AIDS among Women \(2007\)](#)
- [Issues in HIV Policy: Poverty and HIV Factsheet](#)
- [Addressing HIV Disparities Among Women of Color In The Southern United States](#)
- [The Landscape of HIV/AIDS among African American Women in the United States](#)
- [Black Americans and HIV/AIDS](#)
- [African Americans, Health Disparities and HIV/AIDS: STDs Recommendations for Confronting the Epidemic in Black America](#)

[I]

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[L]

LUPUS

- [Lupus – Frequently Asked Questions](#)
- [Lupus: Definition](#)
- [Eliminate Disparities in Lupus](#)
- [Understanding Lupus](#)

[M]

[N]

[O]

OBESITY

- [Overweight in African American Youth](#)

[P]

PREGNANCY

- [Teen Pregnancy Prevention and United States Students](#)
- [Prevention Teen Pregnancy in the US](#)

[Q]

[R]



REPORTS

- [CDC Health Disparities and Inequalities Report – United States, 2011](#) (MMWR)
- [HHS Action Plan to Reduce Racial and Ethnic Disparities](#)
- [Black or African-American Populations](#)

[S]

SEXUALLY TRANSMITTED DISEASES

- [Trends in Sexually Transmitted Diseases in the United States: 2009 National Data for Gonorrhea, Chlamydia and Syphilis](#)
- [New Studies Explore Reasons for Heavy STD Burden Among Women and Minorities](#)

SMOKING / TOBACCO USE

- [Tobacco Use among African Americans](#)
- [Fast Facts on Smoking and Tobacco Use](#)
- [Adult Cigarette Smoking in the United States: Current Estimate](#)
- [Secondhand Smoke \(SHS\) Facts](#)
- [Tobacco Use & Smoking Secondhand Smoke](#)
- [You\(th\) & Tobacco](#)

STATISTICS

- [2010 United States Health Statistics on Blacks / African Americans](#)
- [Selected Health Risk Behaviors and Health Outcomes by Race/Ethnicity National YRBS: 2009](#)

STROKE



- [Stroke 101](#)
- [Who Is at Risk for a Stroke?](#)

[T]

[U]

[V]

VACCINES

- [Human Papillomavirus \(HPV\) Vaccines](#)

[W]

WOMEN'S HEALTH

- [Bright Futures: A Woman's Guide to Emotional Wellness ; En Espanol](#)
- [Bright Futures: A Young Woman's Guide to Emotional Wellness En Espanol](#)

[Y]

[Z]